

### "New Directions in Point of care testing "







### Yesterday's Yardstick for tomorrow's instrumentation







### Sequence

- Definition
- Introduction
- Historical background
- Available modalities
- Personal observation
- Future
- conclusion

### Definition

An analytical test undertaken by a member of the health team or by a non-medical individual in a setting distinct from a hospital lab



# So what have we gathered from this definition ?





### Healthcare team member

(some medic or paramedic)

### By a totally non-medical person

- Patient himself
- Attendant









# Where ?



### Not in the lab







### **POC Testing Environments**

### Testing performed at the patient's side



### A Snapshot of Nanotechnology

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### Non-instrumental system (strip-based)

Disposable system or device



Non-instrumental system (strip-based)

Test strip

- Simple analyte type
- Sophisticated multianalyte reagent strip ( with control )



### Cartridge based instruments

- Single analysis
- Multiple analysis



### **NHS** Pathology **Plus<sup>+</sup>** is a modern, tailored pathology solution...



MIE Pathology Plus<sup>+</sup> has dedicated teams that support both technical, clinical, and governance issues across a range of "best-in-class" technologies.

We can provide a tailored package for you to provide Point of Care testing for your patients. Interpretation

### Benchtop / Desktop analysis





### Simplified definition

POCT means a test performed close to the patient with quick result where patient care is given





• Rapidity

validity

### Introduction

- Increasing interest
- Not a new concept
- Recent advances
  - Engineering
  - Innovation
  - Miniaturized devices
  - Lab-on-a-chip
  - Micro / nanoscale
- Simplification of blood handling
- Decreased TAT
- Transcription free delivery of reports











### Minute to minute rather Hour to hour





### POCT not a threat rather an opportunity to show our capabilities

## Key objectives

- Results
  - Quick
  - Reliable
  - Validated
- Patient proximity
- Treatment
  - Prompt treatment
  - Improving clinical and/or economic outcome
- Patient reassurance



# How might POCT enhance or affect diagnostic testing

few examples :



- Non-invasive glucose measurement thru ear by INFRATEC DEVICE
- AMI detection (20 min) Heart FABP
- Triage Cardiac Panel (15 min)
  - CK-MB
  - Myoglobin
  - Troponin I
- Cardio Chek P.A (2 min)
  - Unique POCT tool
  - Lipid profile
  - Diabetic profile
- Nova statsensor Creatinine meter (30 sec)
  - 2 ul blood fingerstick
  - Creatinine measurement with GFR

Cardio Chek™ P•A	25
Diabetes & Lipid Panel	
FAST ACCURATE FACTORY CALIBRATED PORTABLE, TEST ANYW	IERE
(	CLIA - Waived ( E







- Hemo Cue Albumin System (90 sec )
  - Immunoturbidimetric method (micro albumin)
- TOX / See (15 min)
  - Hand held POCT device
  - 14 most abused drugs (urine sample)
- Toxicological screen Saliva
- Breath Alcohol meter
- Intrapartum fetal surveillance ( oximetery)
- POCT Coagulation meters







- Transcutaneous Bilirubin measurement
  - Based on tissue optics
- NIRS (Near Infra-red spectroscopy) Tissue Oximetery
- Capnometery
- Equital Ambulatory Wearable System (physiological)
  - Heart rate
  - ECG
  - Respiratory rate & effort
  - Temperature
  - Body position
  - Oxygen saturation
  - Impact and fall detection

### Point of Care Diagnostics and CLIA-Waived Testing

#### <u>CLIA-Moderate Rapid Test Kits</u>

CLIA-Moderate H. pylori Test Kits CLIA-Moderate hCG Test Kits CLIA-Moderate Mononucleosis (Mono) Test Kits

#### <u>CLIA-Waived Diagnostic Devices</u>

Albumin Analyzers CLIA-Waived Cholesterol Analyzers CLIA-Waived Hemoglobin A1c Analyzers CLIA-Waived Lipid Panel and Triglyceride Analyzers CLIA-Waived Urine Analyzers Glucose Analyzers Hemoglobin Analyzers Ketone Analyzers Microhematocrit Centrifuges Point of Care (POC) Data Management Systems

#### <u>CLIA-Waived Diagnostic Kits and</u> Reagents

Alcohol (Ethanol) Saliva Test Kits Amines Test Kits Bladder Tumor Antigen (NMP22) Test Kits CLIA-Waived Drugs of Abuse Test Kits CLIA-Waived Fecal Occult Blood Test Kits CLIA-Waived hCG Test Kits CLIA-Waived hCG Test Kits CLIA-Waived Streptococcus Test Kits Creatinine Test Strips Erythrocyte Sedimentation Rate (ESR) Test Kits Gastric Occult Blood and Gastric pH Test Kits Gastric pH Test Kits

- <u>Glucose Test Kits</u> <u>Helicobacter pylori Antibody Kits</u> <u>Helicobacter pylori Urease Test Kits</u> <u>Influenza A, B Test Kits</u> <u>Ketone Test Kits</u> <u>Lyme Disease (Borrelia) Test Kits</u> <u>Menopause and Fertility Impairment (FSH) Test Kits</u> <u>Microalbumin Urine Test Kits</u> <u>Mononucleosis Antibody (MONO) Test Kits</u> <u>Ovulation "Fern" Test Kits</u> <u>Ovulation (Luteinizing Hormone) Test Kits</u> <u>Rapid HIV-1/2 Antibody Tests</u> Vaginal pH and Amine Test Kits
- Point-of-Care (POC) Diagnostic Devices

Albumin Analyzers Bench-Top Clinical Chemistry Analyzers <u>CO-Oximeter</u> <u>POC C-Reactive Protein (CRP) Analyzer</u> <u>POC Cardiac Marker Analyzers</u> <u>POC Coagulation Analyzers (PT and INR)</u> <u>Point of Care (POC) Creatinine Monitors</u> <u>Point of Care Albumin Creatinine Ratio (ACR) Analyzers</u> <u>Pulse CO-Oximeters</u>



### POCT has to be accompanied by POCI

### ASCLS recommendations

ASCLS: American Society for Clinical Laboratory Science

# POCT Pivotal role

- Instant result sharing
- Software interface enhancing communication
- Decreasing TAT
- Quick decision making
- Intervention
- Revision of treatment

# Why has POCT reemerged ?

- New health care trends
- Rising health costs
- To decrease hospital stay
- Movement from inpatient to outpatient or ambulatory settings

All want quick bedside results

### Present scenario



Rapid advances in automation & technology



Is it possible to maintain quality test result?

- While achieving shorter TAT
- Lowering costs through faster discharges
- Personnel shortage

# Solution

# POCT

# Success of POCT

# When all futuristic steps are backed by QC & QA



- TQA plan
- POCT ownership
- POCT committee



# Right test with accurate results in shortest possible time

Tailored QC programes

### Check the system as a whole

### Switching over to POCT



# Are we ready for the challenge



مجد شهدا بس بابر نماز جعد ب موقع يركى نا فوظلواردا قعد سنف كيلت بوليس المكارير يتركى بجائ حار بالى لكاكرداستدد ب كطراب

A New Horizon for Point of Care Testing

### Technology can benefit quality

A New Horizon for Point of Care Testing



- Cost of instruments / reagents
- Hidden cost of accredited lab support
- Cost of training
- Device management

### POCT has changed the

- Testing site
- Technology
- personnel





- Central lab versus POCT
- Limited number of samples
- Discontinuous nature of testing process
- Pre-analytical quality assurance

# POCT Audit

- All POCT results must be able to pass an audit i.e., the results be traced to:
  - The patient
  - The operator
  - The machine or process used
  - Relevant maintenance & QC logs
  - Date & time
  - Current competency record of operator
- All POCT must be quality controlled regularly



- Day to Day QC
- EQA (external quality assurance) monthly
- PT (proficiency testing)

### Accreditation

- Better quality
- Efficient POCT services
- Faster diagnosis
- Rapid treatment

### How does hospital benefit from POCT

- Ability to process tests on site
- Printed lab style reports
- Saves staff time
- Reduces time spent chasing up / sorting results
- Eliminates transcription errors
- Immediate clinical decision
- May reduce extended length of stay

# Where are we today ?

- My Hospital
- · My POCT
- Tertiary care hospital of Provincial government

## On the contrary

Reduction in morbidity and mortality with GDT(goal directed therapy) techniques has improved patient care in conjunction with POCT and EMR ( electronic medical record)

### Future of POCT

## The new directions

### Global markets & trends



- POCT market predictions estimate 10 Billion Dollar market by the end of year 2010
- US national science foundation estimates 1 Trillion Dollar annual global market for nanorelated services by year 2015

"In the near future a large percentage of diagnostic testing will be done in front of the patients and not in the centralized labs, but this doesn't mean that high throughput laboratory testing is dead "

### Low time-to-result

- Magnotec Biosensor technology
- Single drop of blood



- Detailed biomarker detection / measurement
  - magnetic nanoparticles
  - measurement of target molecules
  - picomolar concentration

### Piezofilm technology

- 30 ul whole blood
- Result : 5 10 minutes



### Lactate Monitors

- Miniaturized device( ear-clip)
- Nanopotentiostst based German techonology
- Result signal reception
  - Wrist watch
  - Cell phone



## Temperature detection fabric

- Colour changing fabric
- Standard temperature threshold
- Fruit of
  - 6 years hard work
  - 700000 Pounds



# Fitbit

- Miniaturized device
- $\cdot$  3 D motion sensor
- Tracks patterns of
  - Physical activity
  - Calories consumed
  - Sleep
- Data uploaded & synchronized





### Digital Plaster

- Vital sign monitor
  - Acute care
- Tele care
- Chronic disease monitoring
- NSP (Nano sensor protocol)
- · Continuous monitoring
- Wireless transmission
  - Temperature
  - Heart rate
  - Respiratory rate

### Picolo Express Analyzer

- Specialized POCT instrument
- Wide range of chemistry tests



### Photon based Analyzers

- Minimally invasive monitoring
- Critical / emergency care
- Capable of detecting
  - Cardiac biomarkers
  - Metabolites
  - vitals

## Lab in a drop

- Pocket sized PCR device
- Magnetic Nanoparticle technology
- Rapid test
- Sample processing



### ABBOT i - stat

- Biosensor & advance micro fluidics techonology
- Portable TRUE POCT analyser
- Sample requirement :
  65 95 ul blood
- Result : within 2 minutes



### Living chip

- No more blood draws
- Implantable tiny device
- Early detection
  - Physiologic changes
  - Chemical changes
- Fast
- Accurate
- Non-invasive testing



CONCLUSION