



آغا خان یونیورسٹی

THE AGA KHAN UNIVERSITY

**Department of Pathology & Laboratory Medicine**  
**&**  
**Metabolic Bone Disease Forum**

Cordially invites you to attend the CME Seminar on

**'World Osteoporosis Day'**

The Aga Khan University Department of Continuing Professional Education is accredited by the Pakistan Medical & Dental Council (PMDC) and the American Association of Continuing Medical Education (AACME) to provide continuing medical education. The Aga Khan University Department of Continuing Professional Education designates this live educational activity for a maximum of 4.00 AACME Category 01 Credit(s). Each participant should only claim those hours of credit that he/she actually spent in the educational activity.



On Tuesday, October 20, 2015, from 09.00 am to 01.30 pm  
at  
Lecture Hall # 3, Medical College  
Aga Khan University

Target Audience:

Rheumatologists, Orthopedic Surgeons, Endocrinologists, Pathologists, Gynecologists and Family Physicians

*in collaboration with*



Pakistan Orthopedics Association



Pakistan Society of Rheumatology



Pakistan Society of Chemical Pathology

**Learning Objectives:** At the end of session, participants will be able to:

- Understand the burden and identify the risk factors of osteoporosis and osteoporosis induced fractures.
- Assess the clinical utility of available biochemical and radiological investigations.
- Describe the preventive and management strategies of osteoporosis.
- Understand the role of lifestyle factors in bone health.

**Program:**

08:30- 9:00 am	<b>Registration</b>
9:00 - 9:05 am	<b>Tilawat</b>
9:05 - 9:10 am	<b>Welcome Address and Introduction to Metabolic Bone Disease Forum Dr Aysha Habib Khan</b>
9:10 - 9:15 am	<b>Opening Remarks Dr Imran Siddiqui – Associate Professor &amp; Chair (interim), Dept. of Pathology &amp; Laboratory Medicine, AKUH</b>
9:15-9:35 am	<b>Overview and Burden of Osteoporosis in Pakistan Dr Aysha Habib Khan</b>
9:35-9:55 am	<b>DXA Scan : Interpretation and Limitations Dr Maseeh Uzaman</b>
9:55-10:15 am	<b>Interpretation of Bone Health Screening Panels Dr. Aysha Habib Khan</b>
10:15-10:35 am	<b>Role of Nutrition &amp; Lifestyle in preventing Osteoporosis Dr. Muzamila Mughal</b>
10:35 - 10:55 am	<b>Management of Primary Osteoporosis Dr. Masood Umar</b>
10:55 - 11:15 am	<b>Tea Break</b>
11:15 - 11:35 am	<b>Approach to the Diagnosis of Secondary Osteoporosis Dr Lena Jafri</b>
11:35 - 11:55 am	<b>Glucocorticoid induced osteoporosis Dr Mehmood Riaz</b>
11:55 am – 12:15 pm	<b>Financial Burden of Osteoporosis Related Fractures Dr Masood Umar</b>
12:15 – 12:35 pm	<b>Need for Pakistani Fracture Risk Assessment Tool Dr Lena Jafri</b>
12:35 - 01:25 pm	<b>Case Presentations and Panel Discussion <i>All Speakers, Dr. Saeed Maher, Dr. Saleha Ishaq, Dr. Amin Chinoy and Dr. Akhter Ahmed</i></b>
01:25 - 01:30 pm	<b>Certificate Distribution to Presenters Dr. Farhat Abbas – Dean, Medical College</b>
01:35 - 01:40 pm	<b>Closing Remarks - Dr. Farhat Abbas (Dean, Medical College)</b>
01:40 pm	<b>Lunch</b>