

WorldOsteoporosisDay  
October20



آغا خان یونیورسٹی ہسپتال، کراچی  
The Aga Khan University Hospital



Department of Continuing Professional Education (DCPE), AKU  
Clinical Laboratories, AKUH

In collaboration with

Bone and Mineral Diseases Research Group

International Osteoporosis Foundation

International Federation of Clinical Chemistry and Laboratory Medicine

Pakistan Society of Chemical Pathology

Pakistan Orthopaedic Association

Cordially invites you to attend the CME Seminar on the Occasion of “World Osteoporosis Day”

## “Management of Vitamin D deficiency and Osteoporosis”

Venue: AKU Auditorium, The Aga Khan University Hospital, Karachi

Friday, October 19, 2018 | 02:30 to 05:30 pm

The Aga Khan University's Department of Continuing Professional Education  
will award 2.5 DCPE (Category-1) CME credit hours

For further information,  
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Email: [laboratory@aku.edu](mailto:laboratory@aku.edu)

*See programme overleaf*

Guests are requested to get  
registered & seated by 02:15pm

## Programme

- 02:30pm **Tilawat**
- 02:35pm **Welcome Address** - Dr. Aysha Habib Khan - Associate Professor, AKUH
- 02:40pm **Am I at risk? Are you at risk? Let's break free from Osteoporosis**  
Dr. Lena Jafri
- 02:55pm **Bone Health and Lifestyle Factors** – Dr. Romaina Iqbal
- 03:10pm **Management of Vitamin-D: Issues and Challenges** – Dr. Hafsa Majid
- 03:25pm **Poster Making on the Theme “Love your Bones”**
- 03:40pm **Bisphosphonate Management of Osteoporosis** – Dr. Masood Umer
- 03:55pm **Newer Therapies for Management of Osteoporosis** – Dr. Mehmood Riaz
- 04:10pm **The mat caused the fall but what caused the fracture? An insight into secondary causes of osteoporosis** – Dr. Sibtain Ahmed
- 04:25pm **Establishing Fracture Liaison Service (FLS)** – Dr. Shahryar Noordin
- 04:40pm **Panel Discussion with Panel of Experts** –  
Dr. Qamar Masood, Dr. Maseeh-Uzzaman and All Speakers
- 04:55pm **Announcement of the Poster Competition Results**
- 05:00pm **Closing Remarks** – Prof. Afia Zafar (Chair, Dept. of Pathology & Lab. Medicine)
- 05:05pm **Symbolic Walk**
- 05:15pm **Certificate Distribution to the Participants followed by Refreshments**